



Community Care for Central Hastings

Newsletter

April 2024



Take a Look at what's new!

We haven't produced a newsletter for a few years, and we thought it might be a good time to take another crack at it. In different conversations with our clients and volunteers it has been mentioned a few times that it might be a great way to share information about what's new, what's happening in our communities, etc. So here it is! Please feel free to get in touch with us if there is something you would like to see more or less of. It's our hope out of the gate to print a newsletter 4 times a year and of course, it will be available on our website as well.

Our First On-line Auction



We had a great response from both donors and bidders to our very first On-Line Silent Auction in March. Almost \$2,000 was raised to support the programs we offer. It has been a few years since we've been able to fundraise and we are very happy with this year's results. Thank you very much to everyone who participated!

Community Events

Madoc Legion's Open Mic every other Friday night 6:30 pm - come to play or just to enjoy live, local music (April 5, 19, May 3)

Marmora & Lake Public Library "free lunch bowl" every Tuesday 12:30 to 2:30 (37 Forsyth St) 613-472-3122 for more info
Madoc Legion's Open Mic every other Friday night 6:30 pm - come to play or just to enjoy live, local music (April 5, 19, May 3)

Stirling - Community Dinner every Thursday from 5 to 7 pm at St John's Anglican Church, everyone welcome, pay what you can

Tweed - Monday lunch, no charge, 12 to 1pm everyone is welcome at St Andrews Presbyterian across from ValuMart

We hope to see you on April 6 from 9 to 4 pm at the Ramada in Belleville, for the Caregiver Expo. Admission is free! There will be local healthcare organizations, businesses, social service program providers and other caregiver-related entities. Get all your answers on services and products available to you under one roof. Stop at our booth (CCCH) and say hello! More info at <https://hospicequinte.ca/eastern-ontario-caregiver-expo-2024/>



CCCH FOOT CARE

Our Foot Care Program continues to grow and we know when clients leave they are very happy with the service. Available appointments book up quickly so if this is something you may be interested in give us a call!



LEARN TO COOK

We are so excited to be partnering with Gateway Community Health Centre. We're opening up our kitchen for their Kids Cooking Class that begins on April 9th and runs for 6 weeks. We hope everyone has fun and learns some new cooking skills to take home with them.

“We want you to know that we are here for you, supporting you every step of the way.”



OUT IN THE COMMUNITY

Our Volunteer Coordinator, Monique, has been filling up her calendar with visits to the Marmora Library, the Boomerang Club, and St Paul's Daybreak Program in Stirling, just to name a few. Monique enjoys meeting new people and telling them about our programs for seniors and adults with disabilities. If she can find a new volunteer while she's on the move all the better! If you would like Monique to speak to your group please get in touch.



FOLLOW US ON FACEBOOK - COMMUNITYCARECENTRALHASTINGS

WWW.CCCH.CA

613-478-2224, 1-800-554-1564, ccch@ccch.ca